

Things I Wish My Parents Knew

- Remember that kids go through a lot of pain.
- Kids are confused.
- Parents often think of themselves and not what the kids want.
- Parents don't ask kids to take messages.
- Parents shouldn't confuse kids.
- Don't mislead kids.
- Don't drink too much, especially when you're with your kids.
- Don't use drugs around your family or at all.
- Don't ask about the other parent's house.
- Don't say everything will be alright when you know something is going to happen.
- Don't put the other parent down.
- Don't ignore the step-parent – try to get along as best you can.
- Don't hit kids or abuse them.
- Try to get along with your ex-spouse for the kid's sake.
- If your kids feel sad or hurt about the divorce, try to help them.
- Show up at your kid's things, scouts, programs, etc. Don't miss them because your ex-spouse may be there.
- Listen to your child.
- Parents should care about their kids.
- Don't make things hard for kids.
- Don't leave your children alone.
- If you're mad at your ex-spouse or step-parent, don't take it out on the children.
- Give kids some privacy.
- It's okay for kids to like or love their step-parents.
- Real parents, not steps, should be responsible for discipline.
- Parents shouldn't fight or yell at each other especially in front of the kids.
- Parents should pay their support on time.
- Don't make kids choose between Mom and Dad!

Kids are #1



Parent
Information
Program